

Student Evaluation Form

Date: _____

Little Dragons - Promotion to Yellow through Green Belts

Yellow Techniques

Delayed Sword

Obscure Wing

Orange Techniques

Sword of Destruction

Clutching Feathers

Purple Techniques

Five Swords

Mace of Aggression

Blue Techniques

Buckling Branch

Repeating Mace

Green Techniques

Charging Ram

Parting Wings

Hooking Wings

Creeds

First Creed

Second Creed

Third Creed

Fourth Creed

Instructor: _____

Forms

Yellow Star Block _____

Orange Short Form One _____

Purple Long Form One _____

Blue Short Form Two _____

Green Long Form Two _____

Stances

Attention
Training horse
Meditation horse
Neutral bow (left/right)
Forward bow (left/right)
Reverse bow (left/right)

Foot Maneuvers

Cover (90°/180°)
Switch (jump/front-to-rear)
Step-thru forward
Step-thru reverse
Drag-step forward
Drag-step reverse
Step-drag forward
Step-drag reverse

Blocks & Parries

Upward block
Downward block
Thrusting inward block
Hammering inward block
Vertical outward block
Extended outward block
Inward parry
Outward parry

Hand Strikes

Straight thrust punch
Straight snap punch
Vertical thrust punch
Vertical snap punch
Straight palm thrust
Inward handword
Outward handword
Back hammerfist
Underhand reverse
hammerfist
Straight finger thrust
Overhead claw
Outward whip

Elbow Strikes

Inward elbow
Outward elbow
Back elbow
Obscure back elbow
Inward overhead elbow
Outward overhead elbow
Upward elbow

Kicks

Front snap kick
Front thrust kick
Side snap kick
Back snap kick
Back thrust kick
Snap roundhouse kick
Power roundhouse kick
Side snap kick
Side thrust kick

Student should get better at the basics as they move up. Little Dragons move from Little Dragons to Juniors at around 6 years old, based on size, skill, and confidence, or immediately on being promoted to Green Belt.