

Student Evaluation Form

Name: _____ Date: _____

Adults, Beginners – Promotion to Yellow, Orange, & Purple Belts

Yellow Techniques

- ___ Delayed Sword
- ___ Sword of Destruction
- ___ Deflecting Hammer
- ___ Mace of Aggression
- ___ Obscure Wing
- ___ Lone Kimono
- ___ Intellectual Departure

Orange Techniques

- ___ Attacking Mace
- ___ Checking the Storm
- ___ Aggressive Twins
- ___ Clutching Feathers
- ___ Triggered Salute
- ___ Locking Horns
- ___ Scraping Hoof
- ___ Shielding Hammer

Purple Techniques

- ___ Five Swords
- ___ Striking Serpent's Head
- ___ Grip of Death
- ___ Buckling Branch
- ___ Thrusting Salute
- ___ Obscure Sword
- ___ Raining Claw
- ___ Crashing Wings

Forms

- Yellow Star Block _____
- Orange Short Form One _____
- Purple Long Form One _____
- Purple Kicking Set _____

Blocks & Parries

- Upward block
- Downward block
- Thrusting inward block
- Hammering inward block
- Anchoring inward block
- Vertical outward block
- Extended outward block
- Inward parry
- Outward parry

Stances

- Attention
- Training horse
- Meditation horse
- Neutral bow (left/right)
- Forward bow (left/right)
- Reverse bow (left/right)

Foot Maneuvers

- Cover (90°/180°)
- Switch (jump/front-to-rear)
- Step-thru forward
- Step-thru reverse
- Drag-step forward
- Drag-step reverse
- Step-drag forward
- Step-drag reverse

Elbow Strikes

- Inward elbow
- Outward elbow
- Back elbow
- Obscure back elbow
- Inward overhead elbow
- Outward overhead elbow
- Upward elbow

Kicks

- Front snap kick
- Front thrust kick
- Side snap kick
- Back snap kick
- Back thrust kick
- Snap roundhouse kick
- Power roundhouse kick

Hand Strikes

- Straight thrust punch
- Straight snap punch
- Vertical thrust punch
- Vertical snap punch
- Straight palm thrust
- Inward handword
- Outward handword
- Back hammerfist
- Underhand reverse hammerfist
- Straight finger thrust
- Overhead claw
- Outward whip

Instructor: _____

Basics – student should be familiar with basics for promotion to Yellow Belt, proficient for promotion to Orange Belt, and highly proficient for promotion to Purple Belt.